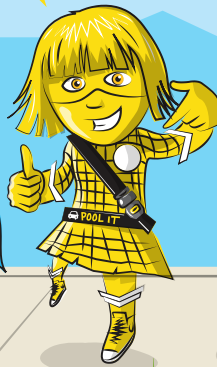


# Active School Travel

walking



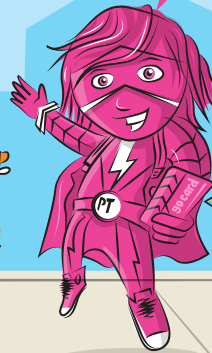
car pooling



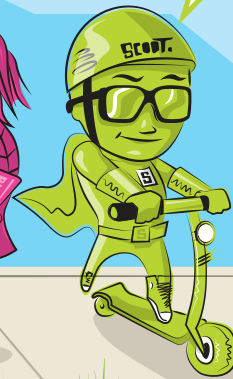
cycling



public transport



scootering



One active travel journey to school each week can make all the difference.

## Tips for actively travelling to school

### Walk and talk

Walking is an easy way to be active and healthy, and spend more time with family and friends. Walking to school on a regular basis can help your child develop good habits for an active life.

### Park and stride

If you live too far away to walk to school, why not drive to the start of an active travel route (as shown over the page) and walk the rest of your journey? Save fuel and get fit!

### Learn to be safe on the road

Regular active travel can help improve your child's road safety awareness and knowledge. Remember to stop, look, listen and think when riding or walking around your neighbourhood.

### Mix it up

Try riding a bike or scooter - it's a fun and fast way to travel to school. Make sure your child always wears a helmet, keeps to the footpath and watches for cars coming in and out of driveways.



*Dedicated to a better Brisbane*











Get active!  
Scoot the route.

Fun. Fit. Fast.  
Riding is a blast!

Walking part of  
the way is ok!

Routes are suggested only. You are responsible for your and your children's safety while using such routes. Full terms, [brisbane.qld.gov.au/activeschooltravel](http://brisbane.qld.gov.au/activeschooltravel)

### Our active travel day is:

-  Active travel route
-  Church
-  Kindergarten/Daycare
-  Bridge
-  Pedestrian refuge
-  Crossing
-  Playground
-  Easement

